



COMING MEETINGS

25 December – No Meeting
 1 January 2020 – No Meeting
 8 January – No Meeting

15 January – Bowls with the Lions

22 January – to be advised

29 January - Mark Herbert, Partner, Blaxland Mawson & Rose Solicitors – To rust unburnished, or to shine in use? – A late vocation to the life of a country lawyer

Rotary Club of Cooma

Theme:
Rotary Family Month

18 December – Lydia McKeanhnie – Older Drivers

Meeting statistics:
Attendance:
Guests:
 Johanna (Club)
Apologies:
Leave:

Rosters for December 2019

Attendance	Neil / Tony B	
Property	Jeannette / John Cl	
Fellowship	Katrin / John K	
Thought	25 Dec	No Meeting
3 Minuter	25 Dec	No Meeting
Intro	25 Dec	No Meeting
Thanks	25 Dec	No Meeting

For apologies or guests for upcoming meetings, please advise Hass hassall.m@bigpond.net.au, Ph 0413 309 596. Failure to advise of absence will incur a dinner cost.

Significant Dates: December Birthdays:
 8th Jeannette, 9th Mark JN, 10th John C
Date Joined Rotary:
 10th Richard B, 16th Elaine M



Ashley

Thanks to those Rotarians who attended school presentations and presented awards on behalf on the club. We received a note of thanks from Emily who attends St Patricks Primary School who was awarded a book voucher award.

The market report on behalf of Terry:

There were 62 stalls, two of which were charity stalls. Over \$3,000 of profit based on \$1,500 from stall holders, \$1,450 from the food van and \$400.10 from the coffee van.

Richard H

Upcoming vocational speakers for 2020:

January 29th Mark Herbert, Partner, Blaxland Mawson & Rose Solicitors – To rust unburnished, or to shine in use? – A late vocation to the life of a country lawyer

February 5th Kiara Wellings, Cooma Rotary nominee to the RYLA programme: Facts and views on RYLA

March 4th Jenny Goldie, former science teacher and science communicator with CSIRO, now President of Climate Action Monaro: On being an environmental activist



Glenys

She has priced care packages for volunteer fire fighters at approximately \$15/pack. A pack would contain sunscreen, saline, bug repellent and a couple of other necessities.

Johanna

Over the next few weeks she will be at Pambula with her host family and their horses, going to Sydney to celebrate New Years Eve with other district exchange students and then flying to Hobart with her host family.



3 Minuter – Dave H

Inspired by Jeanette's enthusiasm for the stroke Foundation, I am encouraged to try to spread the message of a favourite cause of mine The Fred Hollows Foundation.

Fred Hollows was an Australian ophthalmologist who is known for providing quality eye care to those in need throughout the world. He spent his life helping others who could not afford to access healthcare. Early on in his career he realised that the Aborigines weren't being provided the screening and treatment that could eliminate a majority of the cases of blindness that were occurring. He believed that everyone should be provided with the same quality of healthcare and was appalled by the number of children that were unnecessarily going blind. The bulk of these cases were being caused by trachoma, a treatable infectious disease caused by the bacteria, Chlamydia Chromatis. He established many clinics and treated aborigines in Australia who were needlessly suffering.

As a child Fred had considered becoming a missionary. While he never travelled the world sharing the gospel, he did bring medical training and treatment to Nepal, Africa and many third world countries.

The work of Fred Hollows has been monumental in advancing the number of people who are now able to receive eye care. He has helped over two million people regain sight through his efforts. His legacy of making proper healthcare accessible to the poor continues through the Fred Hollows Foundation.

Fred was born in Dunedin New Zealand. His job after medical school was at Auckland Public Hospital. He gained experience in latest medical technology in one of the largest hospitals in New Zealand, Wellington. He did post graduate training at Moorfield Eye Hospital, one of the top training hospitals for ophthalmology in London. In 1965 Fred moved to Australia, was appointed associate professor of ophthalmology at the University of New South Wales. In 1986 he began to turn his focus to the lack of healthcare provided for Aborigines.

He visited the Gurindgi camp in the Northern Territory and was disheartened by the number of people suffering from preventable blindness, especially trachoma. In 1987 he visited one of the world's poorest countries, Eritrea which was in the middle of a fierce civil war. He established intraocular lens laboratories in both Eritrea and Nepal to provide lenses for those in need at affordable cost.

It was Fred's lifelong goal to provide eyecare for those who were unable to obtain it due to money or circumstances. He helped establish The Fred Hollows Foundation. The fund was launched in 1992.

You have probably seen the iconic picture of Fred pointing to the eyes of a three-year-old Vietnamese boy Fred treated at a Vietnamese clinic. That boy grew up and became a mathematics teacher.

Some years ago, Gabi Hollows, widow of Fred, was the guest speaker at a combined services club meeting at the multifunction center here in Cooma.

I believe the Fred Hollows Foundation has inspired support from governments in countries where clinics operate realising that reducing blindness brings economic benefits to that country.



Special presentation of a Sapphire Paul Harris to Jan Payne

Jan is already a Paul Harris Fellow for her contributions to the Rotary International Foundation in the past. Jan is a genuine and generous person who quietly donates her time, money and effort to many organisations in our community. Not only does she support the Rotary Club of Cooma and has an active involvement in her local church, she also discreetly helps individuals in needs. Recently she approached Ashley to see how she could help or contribute to any bushfire appeals which may be formed. She also sends text messages of support and encouragement and checks on people's welfare. It is because of her caring nature and not wanting recognition that makes her such a special person.

It is because of gifts like Jan's the Rotary Foundation is able to carry out many of its programs which achieve beneficial changes throughout the world. Rotary Foundation programs include improving living standards, increasing food production, better education, wider availability of treatment and rehabilitation for the sick and disabled, new channels for the flow of international communications and a brighter hope of peace and understanding.

On behalf of the Cooma Rotary club you are congratulated and thank you for your commitment to the programs of the Rotary foundation.

Guest Speaker - Lydia McKeanhnie

Lydia has owned a driving school in Cooma for the past 17 years. She started with one car as a trial and now has two full-time employees and four vehicles. Lydia now works part-time and specialises in disability and aged driving. She has obtained the appropriate qualifications and has a car fitted out specially to meet disability and aged requirements.

Everyone who is 75 holds a driver's licence has to undergo a medical assessment by a doctor every twelve months to ascertain a person's ability to drive. Once you reach 80 years of age, if you hold a truck or motorcycle licence you are required to undertake an on-road test. For a normal car driver's licence, you undertake on-road testing at 85. Testing is done every two years.

There are three ways to keep your licence. This first is to voluntarily apply a 10km driving limit from your home, this restriction is applied to your current licence. The second and third ways are forms of on-road testing, one which is carried out by Service NSW and the other performed by an accredited tester like Lydia. Service NSW only has a pass or fail option and if you fail you can only get your licence back through the Courts. If you use an accredited tester, you have to pay for the service, but they cannot fail you. They will either pass you or give lessons until such time as you reach a pass level. If an accredited tester feels a driver is no longer safe on the road, they can refer to Service NSW a test to be undertake.

These rules were brought in to encourage older drivers to continue to drive. An advantage to using an accredited tester is they teach a person how to drive better.

The second part of Lydia's talk was on road rules. Every year a number of new road rules are introduced in NSW, these new rules are sent out with your registration papers. Some examples of rules introduced over time include:

- Every time you exit a roundabout you have to indicate left
- You must reduce your speed prior to entering a roundabout
- Painted islands,
 - if there is a turning lane and no pedestrian impediment then you can drive over the island
 - if there is no turning lane and no pedestrian impediment you can drive over the island
- If there are double lines on a road you obey the line closest to you eg if there is a broken line you can overtake but if it is a solid line you cannot overtake
- If you are passing an emergency vehicle with its lights activated
 - on a highway then you are to reduce your speed by 20km
 - in a zone posted 80mk or less then you are to reduce your speed to 40km, this refers to vehicle on both sides of the road
- As at 1 January 2019 it is now illegal to tailgate the vehicle in front of you
 - If you are in heavy traffic you have to be able to see the rear tyres of the vehicle in front
 - If you are on a highway you must leave a 3 second gap to the car in front

Remember that speed limits are an upper limit that you are allowed to drive too, it is safer if you drive a couple of kilometres below the limit.

