



COMING MEETINGS

23 October – To be confirmed

30 October – District Governor Peter Ford

6 November – **Combined Services Meeting**

Rotary Club of Cooma

Theme:

Economic and Community Development Month

Vicki Schoo – Aged Care

For apologies or guests for upcoming

Meeting statistics:
Attendance:
Visiting Rotarians:

Guests:
 Vicki Schoo (Club), Carlo Botto, Roger (Jan)

Apologies:
 Geoff, Peter B, Richard B, Brad, Kevin, Alan, Nadine, Richard H, Sally, Liz

Leave:
 David B, Darrell

Rosters for October 2019

Attendance	Mark JN / Nadine	
Property	Wolfgang / Dugald	
Fellowship	Glenys /Elaine M	
Thought	23 Oct	Katrin
	30 Oct	Richard H
3 Minuter	23 Oct	Terry
	30 Oct	Peter D
Intro	23 Oct	Elaine S
	30 Oct	Sue
Thanks	23-Oct	Geoff
	30-Oct	Neil
Markets	Marco, John Cl, Jeannette, Claire N, Robyn, Kevin	
Towing	John C, Terry M, Mark J-N	
Coffee Van	Mark JN, Brian,	

meeting please advise Hass
hassall.m@bigpond.net.au,
 Ph 0413 309 596.
Failure to advise of absence will incur a dinner cost.

Significant Dates: October Birthdays:
 25th Wolfgang, 28th Hass
Date Joined Rotary:
 15th John Ch, th David B, 31st Claire



World Polio Day

24 October



Ashley

The Rotary Club of Hall have extended an invitation to all Rotarians to join them in celebrating the 30th Anniversary of their club. The event is Tuesday 29th October 2019, 6:30 pm for 7 pm start at the Abbey Function Centre, O'Hanlon Place Nicholls ACT. **Cost** is \$65/person the **Guests of Honour** are His Excellency Governor General the Hon David Hurley AC DSC (Retd) and Her Excellency Mrs Linda Hurley. Please dress in smart business attire. Bookings close on 18th October 2019. See the [Rotary Club of Hall's website](#) for details.

On Friday 8th November, a Rotary Motor Cycle group will be in Cooma and meeting with members of the Cooma Car Club for dinner at the Car Club. All Cooma Rotary members are invited; dinner will cost \$20/person.

Keep an eye out for the Men's Health Caravan in November.

The Cooma VIEW Clubs are hosting the Combined Services Dinner on Wednesday 6th November at the Ex-services Club, 6.30 for 7pm. Cost \$30. Guest speaker is Geoff Stokes, head coach of the Australian Invictus Games team.



John K

The Nijong Oval cricket nets are finally finished. The official opening will occur at a time to be advised.

Remember Saturday 2nd November Cooma Motorfest is on at the Cooma Showgrounds from 9am – 4.00pm.



Johanna

She had a great last week of the school holidays. She got in plenty of horse riding, went in a fire truck with lights and sirens but the highlight was taking a flight with Peter Davis over Cooma, Jindabyne and the surrounding area.

Carlo

On Sunday 17th November, the Cooma Rotary High Country Markets will be hosting the 2nd Annual Cooma Roots and Blues Festival, from mid-morning until mid-afternoon. Performers are Stormcellar, Christina Crofts Band, PJ O'Brien's Band and Dan Hanrahan's Band. The food theme will be Southern American.

Sandra

If you are interested in becoming a part of the Salvation Army Emergency catering team, we are holding an accreditation workshop at the Salvation Army Hall on Saturday 26th October from 9.00 to 3.00.



A couple of photos taken at the Snowy Hydro celebrations on Saturday. The drawings of cuckoo clocks were done by class 1A at Cooma North Public School.

Thought of the Week – Hass

Wouldn't it be nice if we could get into a clothes dryer and come out wrinkle free and three sizes smaller.



Guest Speaker – Vicki Schoo

She is the daughter of a couple of 'salt of the earth' locals who both ended up in aged care. She is the Chairman of the Board of Directors of the Sir William Hudson Nursing Home. It is a challenging but very rewarding job. The Home has room for 72 residents but not all the beds are full at any given time.

She is on the Board because she is horrified by the way aged care services are being delivered under the Federal government rules and wants to be an agent for change.

Her parents did not want to end up in a nursing home due to the stereotyping of facilities, they felt they were unattractive options and that their lives as they knew them would come to an end. This negative idea needs to be changed to reflect the positive facilities. The staff in many care facilities are great but the rules keep changing and it makes their jobs harder.

The nursing home was named for Sir William Hudson who was the NSW Chief Engineer and head of the Snowy Scheme. He was given the honour of having the facility named for him because of his strength, courage and determination. You need these attributes if you are to be on the board. You have to have the strength and courage to stand up for the rights of the residents and the determination to make change.



The Home started as a small place with a tiny little building homing six residents. They were associated with the Returned Services League and was only for returned soldiers. Then it became the Cooma District Nursing Home Association but it was not big enough to meet the required needs of the area. A group of people from Cooma came together and took it upon themselves to take on the challenge to create a facility for local families.

On the 24th July 1980 the Sir William Hudson Nursing Home was given a title and some land. The residents arrived in January 1982 and the facility was officially opened in May 1982.

Over the years the facility grew from the original six bed to a the 72 now available. Not all the beds are in use all the time as the facility also provides respite care when needed.

They are a not for profit organisation, like 65% of facilities in Australia and they currently employ 80 plus staff but they would like to be able to provided 1 on 1 care for the residents.

The Aged Care Accreditation Standards have changed from 42 to 8 but the actual number has not reduced, for example standard 1 has 12 subclauses. However, one good change is that now the organisational governance has been included, which means facility boards can now be held responsible for decisions made by them.

Sir William Hudson is run along the same lines as a business, meaning that it has shareholders who vote when decisions are to be made, at this point in time there are only 54 shareholders and they would like many more. If you are interested in becoming a shareholder and having a say in what happens to our aged care home get in touch with Sue, it doesn't cost much and won't take up too much of your time if you become involved.