

COMING MEETINGS
 3 April – Ron Daud – Little Theatre
 10 April – Pride of Workmanship Awards
 17 April – Cindy Miller
 24 April – Nancy Groves - Lifegate Foodcare

Rotary Club of Cooma
Theme:
Water and Sanitation Month
27 March
ANU Medical Students

Meeting statistics: 26 of 36 = 72.2%
Attendance:
Visiting Rotarians:
 Peter Bascomb (Ginninderra)
Guests:
 Sacha, Hannah Penn, Jevin Karunia, Kate Phillips, Lyana Salim, Nicholas Fulkoski (Club), Jo Heise (Alan)
Apologies: Tony B, John Ch, Alan D, Terry, Glenys, Jan P, Penny, Elaine S,
Leave: David B, Mark C, Brenda
We also missed:

ROSTERS FOR April 2019

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|-------------------|------------------------------|---|
| Attendance | | Darrell Peter |
| Property | | Dave Holgate Wolfgang |
| Fellowship | | Ash Sue |
| Thought | 3rd | Des |
| | 10th | Glenys |
| | 17th | Sandra |
| | 24th | Jeannette |
| 3 Minuter | 3rd | Elaine Mooney |
| | 10th | Neil Brown |
| | 17th | Darrell |
| | 24th | Kevin |
| Intro | 3rd | Dave Holgate |
| | 10th | Elaine Schofield |
| | 17th | Ash |
| | 24th | Mark J.N |
| Thanks | 3rd | Peter |
| | 10th | Richard H |
| | 17th | Richard Brown |
| | 24th | Geoff |
| Markets | 21st April | [Happy Easter] Terry, Sue, John King? Alyson? |
| | Food Van | John Clarke + 1, Jeannette + 1, Katrin, Ash? |
| | Coffee Van | Mark J.N, Brian, ? |

Please advise Darrell (Ph 0407 411 422, 64521159, dgcooma@bigpond.net.au) of apologies for the coming meeting, also if you are bringing a guest. Failure to advise of absence will incur a dinner cost.

Significant Dates
Birthdays:
 Tony B 11th, Brad 11th, Dave H 18th
Date joined Rotary:
 Jeanette 4th, Jan P 4th, Brenda 25th,
 Glenys & Terry 28th

Announcements

John K

The cricket nets at Nijong oval are one step closer to being finished with the posts now up. The formwork will be laid on Friday week with the concrete being poured the following Monday.



Mark JN

Revised plans for the bbq were provided by the manufacturer and have been approved by the Board so manufacture will go ahead. Once started the bbq should be completed within a 12 week time period. When the current bbq trailer is sold, the nett cost of the new bbq should be around \$4000.

We had an opportunity to do a presentation at Monaro High School to promote the Rotary Youth Exchange Program to Year 10 students and have been invited back to present to the Year 9 students. There has already been one expression of interest submitted.



Jeanette

The Clarke's are hosting a garden bbq fund raising event for stroke and interplast at their property starting at 11.30am on Saturday 7th April. The cost is \$30 per person and it is an outdoor event. RSVP by 2nd April. See the attached flyer for all details.

Thanks go to the Cooma Rotary Club for providing the meat. There is also a request for people to volunteer to provide some salads and desserts for the event.

Darrell

About 18 months ago, there were discussions about the upgrade to the Rotary signs around town. Two were done quite quickly but three were still in progress. Last week Alan D assisted with the refurbishment of the sign in Bombala Street near the hospital. The two signs at Rotary Oval are still works in progress and should be completed soon.

Thought of the Week – Geoff

Joy and woe are woven fine, a clothing for the soul divine. It is right and should be so that Man was made for joy and woe – William Blake

Three Minuter – John K

About 25 years ago on his drought effected property beyond Berridale, John was feeding his stock silage, fodder which is stored to provide food for stock when paddocks are bare. John stored his silage in a pit which was about 1.5 metres deep. Also in this paddock were a couple of bulls. He started to get the feed out using a front end loader when he noticed some rocks on the top of the pile and thought his stock probably wouldn't enjoy eating them so he got out to move them. After he moved the stones, while he was standing on the top of the pile it shifted and he ended up at the bottom of the pit unconscious. When he came around a little bit later with blood pouring from his head, he looked up and saw eight black legs and a couple of dangly bits. He realised he had not been trampled so he pulled himself out of the pit and staggered to his ute where he got on the radio and called the homestead to get some help.

While he was waiting for help to arrive, in typical farmer manner, he proceeded to put up the electric fence to keep the bulls in. A short time later help arrived in the form of the local vet, who also happened to be his daughter, Jen. John didn't know she had dropped in for a visit. The first thing she did was checked the bulls to make sure they were ok and when she realised they were fine she then turned her attentions to John and decided he looked pretty crook. He suggested she take him home to clean and stitch him up. So they headed home but Jen took a right instead of a left and drove towards Cooma and the hospital. She drove through Berridale at about 120kms/hr. He mentioned to her that she did have a passenger who had a bloody towel wrapped around his head, which might draw a bit of attention to them. She said it's all right, I was pulled over last week by the local police while heading to a snake bite and the officer was pretty understandings, so it wasn't a problem.

They got to the Emergency Department in Cooma and Dr Wiles was on duty. He was rather caring and got John cleaned up and under Jen's supervision started to stitch John up to comments like you better put another one in there, you had better pull that tighter and why didn't you put one there. Eventually John had a forehead that looked like a porcupine and a splitting headache. They finished up and sent him home.

This story is an example for the visiting ANU medical students of what may be encountered by any doctor at any place and time but the only difference is they won't have a vet to supervise them.

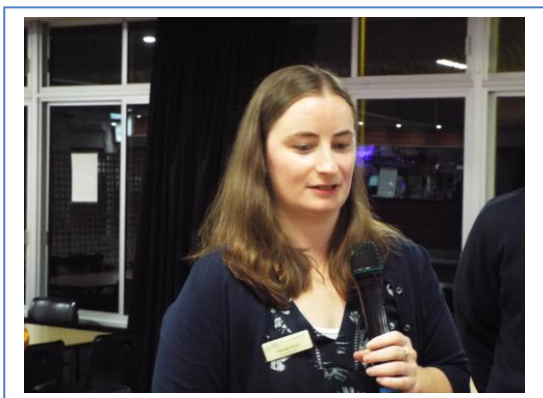


Guest Speaker – ANU Medical Students

This week the Snowy Mountains once again hosted medical students from the Australian National University. This is an opportunity for students to experience medicine in a rural/alpine environment and to meet local people. Highlights of the week included blood pressure testing in Centennial Plaza and a hike up Mt Kosciuszko for a near first hand experience of hypothermia.

Of the visiting students, five were able to attend this week's Rotary meeting, there was one third year and four who are in first year.

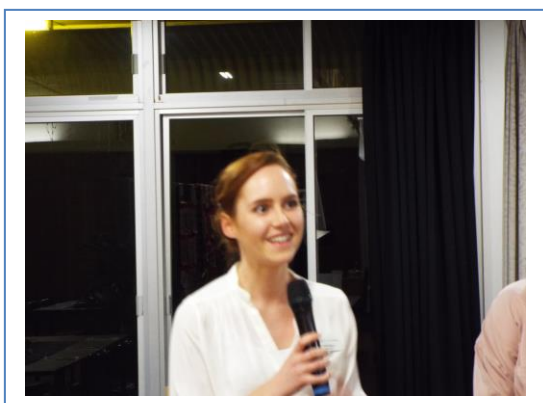
Hannah is a third year student who undertook her undergraduate degree in Adelaide where she studied sciences. She was a very active child and wanted a career which would harness that energy so she chose to become a doctor. She is sponsored by the Royal Australian Navy and when her studies are completed will join the Navy as a doctor.



Jevin moved to Australia from Jakarta with his family when he was 9 years old. His first degree was in medical research and now he has moved to Canberra to study medicine. He would like to be a clinician researcher, which will allow him to help many people.

Kate was born in Byron Bay and moved to Brisbane to study Archaeology followed by a Master's degree in Bone Archaeology and she is now studying Medicine in Canberra. She wants to have a direct impact on people's lives. She has enjoyed the visit, learnt a lot and has met many lovely people.

Lyana is an international student who lives in Singapore. She has studied Biological Science which is a combination of medical and environmental science. She now wants to be more useful in her community so is studying medicine.



Nick is originally from Melbourne where he studied Biomedicine at Monash University followed by a year of research at Melbourne University. While studying he had a couple of part-time jobs one was teaching karate and the other was at the Royal Children's Hospital which motivated him to become a Paediatrician so he can help children and their families.

