



### COMING MEETINGS

12 February – Dugald Mitchell – Life in Rotary

19 February – Graham French – Climbing Tasmania’s highest mountain

26 February -

March 4<sup>th</sup> - Jenny Goldie, Environmental Activist

## Rotary Club of Cooma

**Theme:**  
**Vocational Service Month**

**Kiara Wellings – RYLA**

### Meeting statistics:

#### Attendance:

#### Guests:

Johanna, Kiara Wellings (Club) Roger Wheatley (Jan), Rory MacLean (Mark JN), Helen Bowland (Geoff), Graham French

#### Apologies:

Peter D, Alan, Richard H, John K, Sandra, Claire N, Sally, Des, Tony B

#### Leave

Darrell, Brad

### Rosters for February 2020

<b>Attendance</b>		Hass / Helper
<b>Property</b>		Dave H / Helper
<b>Fellowship</b>		Liz / Jeannette
<b>Thought</b>	<b>12 Feb</b>	Marco
	<b>19 Feb</b>	John C
	<b>26 Feb</b>	Nil
<b>3 Minuter</b>	<b>12 Feb</b>	Richard B
	<b>19 Feb</b>	Nil
	<b>26 Feb</b>	Katrin
<b>Intro</b>	<b>12 Feb</b>	Richard H
	<b>19 Feb</b>	Jan P
	<b>26 Feb</b>	Brad C
<b>Thanks</b>	<b>12 Feb</b>	Nadine
	<b>19 Feb</b>	Sandra
	<b>26 Feb</b>	Kevin
<b>Market</b>	<b>16 Feb</b>	Ash, Brenda, Katrin, Richard H
<b>Towing</b>	Ash, Terry	<b>Coffee Van</b> Mark JN +1

*For apologies or guests for upcoming meetings, please advise Hass [hassall.m@bigpond.net.au](mailto:hassall.m@bigpond.net.au), Ph 0413 309 596.*

*Failure to advise of absence will incur a dinner cost.*

### Significant Dates: January

#### **Birthdays:**

1<sup>st</sup> Dugald, 31<sup>st</sup> Glenys, 31<sup>st</sup> Terry

#### **Date Joined Rotary:**

4<sup>th</sup> Brad, Richard H, 5<sup>th</sup> Alan, Marco, 6<sup>th</sup> Ashley, Des, 9<sup>th</sup> Kevin, 11<sup>th</sup> Wolfgang, 12<sup>th</sup> Jeannette, 29<sup>th</sup> Geoff,

## Announcements

### Ashley

Rather than giving cash donations to individuals who have been fire affected it has been suggested that a way to show support could be through community nights. The club could go to townships and put on a dinner evening or people could come into Cooma for a meal or go to the pictures.

Heartfelt thanks to all club members who have been assisting in many and varied ways throughout the couple of months in the face of the bushfires.

A useful and interesting app for following the movement of bushfires can be found at [bushfire.io](http://bushfire.io). This app tracks fire movement, wind directions, plane locations and weather patterns. It can be viewed on a phone or computer.



### Glenys

Following on from viewing the colours for the Rotary t-shirts for everyday wear some logos have been suggested. They are "Cooma Rotary is getting around to it" or "Cooma Rotary is working to get around to it". Once the logo has been decided, colours can then be finalised. If you have any other suggestions for logos contact Glenys.



### Kevin – Thought of the week

When a great moment knocks on the door of your life, it is often no louder than the beating of your heart and it is very easy to miss it - Boris Pasternak

### Guest Speaker – Kiara Wellings – RYLA

At this year's RYLA event there were 56 attendees from all different locations and a variety of walks of life. They arrived as strangers and left as friends.



On the first day all the attendees took a bush walk up to a lookout. The view was amazing, but the walk was a real bush walk, not using a walking track. This was not an area where they were allowed to swim as it was too dangerous but there was another place which was safe.

The attendees shared accommodation, Kiara sharing with two girls and spending many a late night talking about anything and everything. These conversations broadened her perspective in relation to people and gave her an appreciation of the differences each person brings with them.



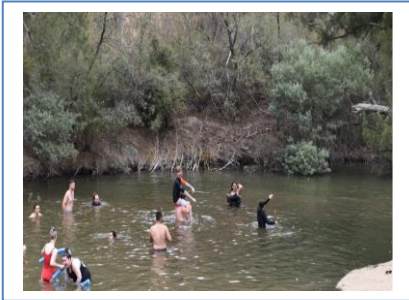
The attendees were split into teams to take part in various exercises. The teams were known as Syndicate Groups and Kiara's group was called "The Bluepeppers". They took part in various trust exercises including the Crate Climb. This is where one team member is harnessed up as they build and climb a stack of crates while being held by the other team members. Kiara managed to climb 11 crates before knocking one of her stacks over.



The dinner on the Tuesday night is a major event, the food catered but the dinner is run by the RYLA attendees. Usually all Syndicate Groups did everything but to Kiara, that seemed an inefficient way to do things. She suggested that two groups do the set-up, three groups run the food and all groups take part in the clean-up. These recommendations were taken on board and 20 minutes before dinner started Kiara was advised that she would be supervising the food runners and that none of these people had any hospitality experience.

Guests at the dinner included all attendees, some Rotarians, RYLA committee members and mentors. As part of the evening money was raised through a fine session, raffles and donations for use as part of the Leadership in the Making task. The hope was to raise \$500 but everyone was very generous and a total of \$1,800 was raised. This amount of money broadened the scope for the task.

All teams did a presentation to spruik for support for their chosen charity. The Blueppers chose to support Australian Rotary Health. Their presentation came third which meant a \$350 donation. Other donations went to WIRES and the RFS. The RFS benefited the most as there was also a decision taken to donate a further \$500 which was \$100 to each fire affected area where an attendee came from.



All the attendees provided support for each other at various times over the week not only as part of a mental health session but through general conversations during down time. The down time included swimming and just hanging out together. An important lesson they all learnt was listening was just as important as talking.

Two speakers stood out the most for Kiara. One spoke about resilience and how any obstacle can be overcome. The other person spoke about public speaking and even though most people were terrified by the thought of speaking in public you just had to view it as a chat. You are chatting with people you know, or people you may not know or people you would like to know but it is just a chat.

On the last night they held a candle ceremony where a candle is passed around the group and each person has to say something positive about the person to the left of them. This was an emotional and strengthening exercise.

