

ROTARY



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ROTARY:  
MAKING A  
DIFFERENCE

Meeting statistics:

Attendance: 26/34 (76.5%)

Visiting Rotarian: Ian Oliver

Guests: Sarah (Club), Laurie Brett (Penny)

Apologies: Carlo B, Brad C, Margaret H,  
Elaine M, Sue S

Leave: Meg, Tom, Joe

We also missed:

### NEXT MEETING - COMBINED SERVICES DINNER

Please advise Darrell of apologies for the coming meeting, also if you are bringing a guest.

Ph 6452 1159 or 0407 411 422. Members who fail to do so will incur a dinner cost.



## Rotary Club of Cooma Inc

*October Theme:*

*Economic and Community  
Development*

25 October 2017

Guest Speaker – Kevin Dunne



Women in Rotary badges available from  
Hass. Cost \$5

### Club October dates:

**Birthdays:** Wolfgang 25/10

**Date joined Rotary:** Claire 31/10

### Club Inductions:

We welcome to the Cooma Rotary Club:  
Brenda Constance (nee Campbell-Brown)  
nominated by her new husband Ashley

Penny Vos nominated by Allan Spencer

We happy acknowledge the renamed and the  
new member



## NOVEMBER ROSTER

**ATTENDANCE** Dave B, Sue  
**FELLOWSHIP** Katrin, David H  
**PROPERTY** Ken, Carlo  
**3 MINUTER** 1/11 Dave B 8/11 Mark JN  
 15/11 Tony 22/11 Dugald 29/11 Sue  
**INTRO** 1/11 Richard B 8/11 Tony  
 15/11 Marco 22/11 Hass 29/11 John Ch  
**THOUGHT** 1/11 Elaine 8/11 Claire  
 15/11 Elaine M 22/11 Marco 29/11 John K  
**THANKS** 1/11 Ash 8/11 Helen  
 15/11 David H 22/11 Richard H 29/11 Darrell  
**MARKETS** Carlo, Sue, Alyson, Ash (van),  
 Brenda, Dave B, John Ch  
**COFFEE VAN** Mark JN/Brian L, trainee



## COMMITTEE SELECTION (First choices)

### COMMUNITY SERVICE

Allan S  
 Jan  
 Sue  
 Carlo  
 Elaine S  
 David H  
 Jeannette  
 Mark C  
 Graham  
 Neil

### CLUB SERVICE

John K  
 John Cl  
 Richard B  
 John Ch  
 Darrell  
 Helen  
 Elaine M  
 Ash  
 Brenda

**Des**  
**Claire**

### YOUTH/NG

Mark JN  
 Katrin  
 Kevin

### MEMBERSHIP

Dugald  
 Tony

### VOCATIONAL

Richard H  
 Geoff

### INTERNATIONAL

David B

**If your name is not on the list please contact John K.**



## Announcements:

**Darrell:** Anyone working on the barbecue for the MOTORFEST is to enter the showgrounds through the double gate near the bowling club.

**John K:** Starting from 6 December 2017 the Club will be instigating the new no meeting on the first Wednesday of the month change.

**Jeannette:** I received an email advising of an information session on Advanced Care Planning on 9 November at 11am at the Bowling Club. RSVP to Renata Sheehan 0477 322 107.

**Richard:** Applications to attend the Rotary Youth Leadership Awards close on 6 November. Encourage anyone you think may benefit from this course to apply.

**David B & Allan:** All the Busker Votes has been printed for sale on Saturday. There are 160 buskers attending (so far). All busking locations have been allocated. Signs advertising the day will be going up this week.

**Mark JN:** It has been advised that from 1 July 2018 we will be part of the large district of 9700.

## COMMUNITY SERVICE

MEETING 8 November at 5pm

### IMPORTANT DATES

COMBINED SERVICES DINNER - 1 November, cost \$30; guest speaker – Lt. Col. Kate Holbeck of the Intelligence Corps, a veteran of Afghanistan and Iraq

TUGGERANONG MELBOURNE CUP MEETING: 6 November at the Tuggeranong Town Centre Club, 6pm for 6.30pm start. \$25/person

MELBOURNE CUP LUNCH - 7 November, organised by Claire

MEMBERSHIP evening - 15 November – a casual night

AGM – 22 November

COMBINED CHRISTMAS PARTY WITH BOMBALA AT NIMMITABEL – 12 December

FINAL MEETING OF THE YEAR – 20 December – barbecue

**THOUGHT OF THE WEEK:** Neil B.

To find yourself – think for yourself



**THREE MINUTER:** Mark C – Trip to Central Australia

On this trip there were 13 people aged 22 to 80 from Perth, Sydney, Canberra, Cooma and Switzerland who undertook a trip to the Birdsville Races via the Simpson Desert.

Our Swiss guest was our 2013/14 Exchange Student Rebecca's father Eugene who never travels more than 200km from home for a holiday. He also had never been to a horse race or seen a desert.

On Day 1 we travelled nearly 900km, Day 2 saw us cover 700km and on Day 3 we started the loop from Maree to Williams Creek, Oodnadatta, the Simpson Desert and back to Maree.

We had 6 cars and 2 motor bikes. The trip included 130km's of desert.

There were 12 of us at the Birdsville Races where we volunteered to help the E Club of Qld with their fundraising BBQ.

We cooked 7000 bacon & egg rolls, 7000 steaks and a ridiculous number of very simple hamburgers for which they charged \$15 each.

On the way home, we decided to skip Broken Hill and instead went to the Clare Valley and visited 3 wineries instead before heading to a very green Victoria.

Eugene had an amazing trip and went home a week later. I emailed him and said we were taking another trip in 2 years, this time to the Canning Stock route. He replied within 2 minutes with an emphatic count me in.

If anyone else would like to come just let me know.



**GUEST SPEAKER – Kevin**

**Hot off the Press:** Alzheimer's Australia is now called Dementia Australia.

St Patrick's Parish School students in Cooma have been participating in a unique research project being undertaken for the first time in Australia by the University of New South Wales and Sydney University.

The project examines current attitudes of primary children towards older adults. It then endeavors to improve the children's awareness and understanding of the issues facing older adults through a targeted educational program. It then focuses, in particular, on the impact and prevalence of dementia in families and the wider community.

Sixty students in Years 5 and 6 at the school have been involved with the research study which began in early August this year.

Mrs Robertson, the Principal of St Patrick's has been delighted with the way the students have embraced this innovative program.

Children learn about dementia through the engaging animated story of Ollie a 10-year-old boy, Ruby his 12-year-old sister, and their grandfather (called Pops) who they have noticed is starting to act a little differently than usual.



The seven short modules, including consumers speaking candidly about the condition covers topics such as:

- What causes dementia?
- What can we do to help someone?
- What happens in a nursing home?
- What causes dementia?
- How do you keep your brain healthy?
- How does it feel to have dementia?
- How challenging is it for the family?

Each 25 minute module was accompanied by an activity, such as an interactive brain, discussion, role-plays, or drawing.

The research project ran over 5-6 weeks with a total of 120 minutes of instruction and practical applications.

The research project was designed in collaboration with the researchers and classroom teachers. The evidence-based program aligns with Stage 3 PDHPE, English and Science Skills Knowledge and Understanding curriculum outcomes.



The program was developed by a team from the two universities under the direction of Dr Jess Baker.

Prior to the project starting, the students completed a questionnaire regarding their attitudes towards older people. They completed a second questionnaire once the modules were completed. This will assist the researchers in measuring the success of the educational program that was being trialled at the school.

I worked with the classroom teachers in implementing the program at the school. I was delighted with the interest and involvement of the students throughout the program.

It is estimated that a third of young people know someone living with dementia.

Presently, there are around 413,000 people living with dementia in Australia with this figure expected to climb to 900,000 by the 2050.

